

ROCKLIN PD NEWS



"It is the Mission of the Rocklin Police Department to Serve, Protect and Promote a Safe Community."



Rocklin Police Department

Message from the Chief by Mark Siemens

Much Movement

For the past several weeks, candidates have had many long nights of study and staff has been very busy with testing and interviews for quite a number of new positions and assignments. Opportunities have availed from Communications Supervisor to Sergeants, Corporals, and School Resource Officers. There have also been several Field Training Officer and Range Instructor positions recently appointed; so much movement in a short time period. For some of you, this will be your next step up and for others an opportunity to participate in the process and grow.

In all of the years I have either been the one competing or the one making the decision, I know that in most cases only one gets

the promotion while others get the disappointment. For those who receive the news that they did not get the promotion or assignment, that day is the first day in the next testing process. Often one's character is more accurately judged by how one handles disappointment rather than accomplishment.

For those around the competitors, know that this is a stressful time and success or not, each may need words of encouragement. This is not the last promotional process or opportunity. In fact there are a couple more baby-boomers like me that will be gone soon enough, opening doors for more advancement. (Did I hear cheering?)

Change comes in waves, but like the ocean, the waves just keep coming. At times like these it is appropriate to ask yourself: Am I ready for the opportunities that change will bring? Have I completed the education necessary? Am I on track to get the necessary variety of experience? Have I shown an interest in being involved? Be ready for opportunities as they avail themselves. It is never too soon to prepare for the future, but often too late.



Captains Corner by Captain(s) Dan Ruden and Ron Lawrence

It's difficult to believe it has been almost three years since we were awarded our initial Commission on Accreditation for Law Enforcement Agencies (CALEA) award on March 15, 2008. Yet, here we are near the finish line for this accreditation season and we want to thank each of you for your hard work and dedication in this effort. As we enter the final stretch of this three-year accreditation cycle, we have been planning for the on-site scheduled for December 4th - 7th. In preparation for the on-site, there are things you can do to get involved. Remember that the on-site is an opportunity for the assessors to visit our Department, review our policies & procedures, and examine our facility & operations. There will be a public information forum for Rocklin citizens to meet with the assessors as well as a call-in session to allow citizens to ask questions. The assessors will likely go on a few ride-alongs, sit in Communications and may ask questions of employees about your role in the organization, your area of expertise or

about a policy or procedure. This is nothing to worry about. It's not meant to be a "test," but rather a chance for the assessors to become acquainted with our organizational culture. The on-site is a reflection of our professionalism, devotion and teamwork, and we can all be proud of the fact that Rocklin PD is one of only 14 accredited agencies in California.

So why does Rocklin PD continue to strive for accreditation? If the pride of being recognized as one of the 5% of law enforcement agencies in the United States that are accredited isn't enough, some of the realizations of being CALEA accredited are:

- Comprehensive, well thought-out written directives,
- Reports and analyses to make informed management decisions,

- Preparedness Program in place,
- Improved relationship with the community,
- Strengthen agency's accountability,
- Limit liability and risk exposure,
- High degree of professionalism, and assists in agency's pursuit of excellence.

We are proud of the hard work the men and women of Rocklin PD do, and we should all be proud of being a CALEA accredited agency.

Officer Matt Redding honored at September 11th Cal Aggie game by Captain Dan Ruden

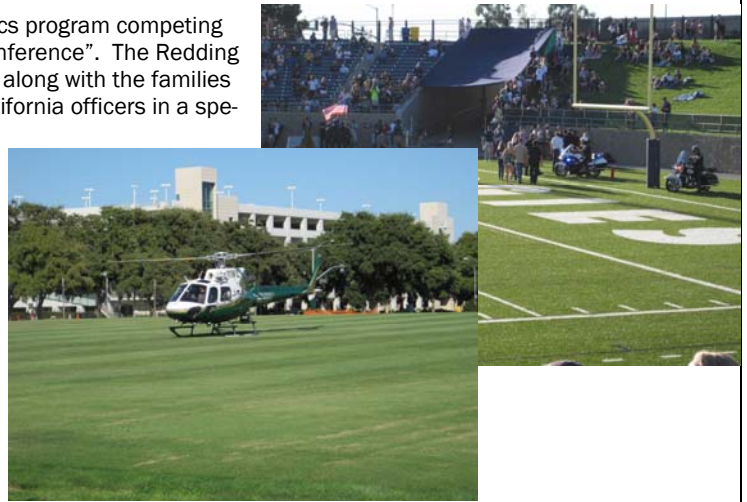
Officer Matthew Redding



Fallen Rocklin Police Officer Matthew Redding was honored at the first home game for the UC Davis Football Team on September 11th. The UC Davis "Cal Aggies" football team held its second annual Salute to Heroes/Law Enforcement

Appreciation night at their home game against Oregon State. There were various Law Enforcement equipment displays in front of the stadium, a police motor unit wall of honor on-field and a fly over by the Placer County Sheriff's helicopter. UC Davis is a

Division One Athletics program competing in the "Big West Conference". The Redding family was honored along with the families of 4 other fallen California officers in a special pre-game ceremony. Proceeds from this event go to the Concerns for Police Survivors (COPS) Kids Camp.



1ST Annual "Battle for the Shield" goes to Rocklin Thunder by Staff

On October 8th, Sheriff Ed Bonner and Capt. Dan Ruden accompanied John and Marilyn Redding in presenting the first perpetual "Battle for the Shield" plaque to the winning team at the annual Rocklin vs. Del Oro High School football game. The game now includes a "Battle for the Shield" plaque to honor [Matt Redding](#), a Del Oro graduate and Rocklin police officer who was killed by a drunk driver five years ago.

This year the game was hosted by Del Oro High School in Loomis. The new perpetual plaque was created by the Redding family on behalf of the Matt Redding Foundation to honor the winning team

of this popular and regionally significant game. "The Shield plaque was created by the Foundation because this game represents the community spirit and dedication to teamwork that Matt was known for in this region," Captain Ruden told the crowd during the post game presentation.

The Rocklin Thunder took home the plaque, beating Del Oro 27-18. Next year's game will be at Rocklin High School.



New Faces and New Positions by Interim Manager Peggy Gregson

Sandi Bumpus was hired on October 11, 2010 as the new Records and Communications Manager for Rocklin Police Department. Sandi previously worked for the Roseville Police Department as a Communications Supervisor for over 22 years.

In addition to her work in public safety communications, Sandi is a POST Master Instructor, and holds a California teaching credential. She has an extensive background in teaching emergency management and preparedness in both the public and private sectors.

In addition to the new manager, Sara Boccoleri was selected as the Acting Supervising Public Safety Dispatcher. Sara started at Concord PD as a dispatcher and was hired as a lateral dispatcher by Rocklin in 2003. Seeking new career opportunities, Sara was promoted to CSO six months later. While she has served continuously as a dispatcher on a fill-in basis, coming back to Communications full time as a supervisor has been an exciting and rewarding process.



Records and Communication Manager
Sandi Bumpus



Supervising Public Safety Dispatcher
Sara Boccoleri

Emotional Survival is not Reactive by RPOA President, Corporal Bart Paduveris



Over the course of a law enforcement officer's career, exposure to countless stresses and ranges of emotions on a daily basis is commonplace. Whether an officer works in a large Metropolitan Area or a modestly sized city like Rocklin, he/she is not immune from these stresses and fluctuations of emotions. A huge part of an officer's success, or failure, is based on how he or she chooses to deal with those emotions. Some may succumb to those pressures, while others continue to persevere. Why does it differ amongst officers, or does it really?

Take the following statistic for example: last year 49 police officers were killed in the line of duty in the United States, but there were 143 police officer suicides. On average, almost 200 police officers kill themselves each year. Police Departments across the United States have spent millions of dollars on training and tactics to improve officer safety and prevent in the line of duty deaths. However, only a fraction of that has been spent on Emotional Survival and dealing with the effects of Post Traumatic Stress.

One of the most difficult emotional health issues for people to understand and identify is the condition of Post Traumatic Stress Disorder ("PTSD"). PTSD is a severe anxiety disorder that develops after a person is exposed to a situation where severe psychological trauma has occurred. Once the situation is over, however, it can be difficult to determine whether the event caused trauma to an officer, as reactions to traumatic events differ from person to person. The important note to highlight here is that each individual, and their families, should be armed with the information that allows them to identify the warning signs of PTSD so that help can be initiated as soon as possible.

It is for this reason alone that Officer Adrian Passadore and I made the journey to Henderson, Nevada to attend a two-day seminar called, "The Pain Behind the Badge" and the "Bullet Proof Mind." For those of you who are unfamiliar with this seminar, it is a seminar about Street Survival, Emotional Survival, and Post Traumatic Stress Disorder. The first day of the seminar was presented by Lt. Col David Grossman, retired U.S. Army, and focused on the "Bulletproof Mind." Lt. Col Grossman touched on the topics of school shootings, domestic terrorism, personal protection, physical and mental preparation, and Post Traumatic Stress Disorder. His lecture was exhilarating, enlightening, and probably one of the best we have ever attended.

The second day of the seminar was presented by Las Vegas Metro Police Sergeant Clarke Paris and several other speakers, including Sergeant Paris' wife. This part of the seminar focused on real life examples and experiences of officers and their families. In addition, Sergeant Paris showed his award winning film, "The Pain Behind the Badge." The film gives real life profiles and stories about several different officers' ordeals with PTSD and how they have been successfully working through it.

Our main reason for attending this seminar was that we hoped that it would be as good as advertised, so we could offer it to Placer County law enforcement agencies, city personnel, and, possibly, school administrators. After attending this seminar, we are convinced that this education and training is a must for all law enforcement officers. In fact, after attending this seminar, both Adrian and I can't help but to wonder how many of our own brothers and sisters in law enforcement are afflicted with PTSD and just do not realize it because they are not educated about the signs and symptoms of this disorder. It is for this reason alone that the Rocklin Police Officers' Association hopes to partner with the Rocklin Police Department and the City of Rocklin to bring this informative and exhilarating seminar to our Placer County Law Enforcement family.

Drug Take Back Event by Mike Nottoli



On Saturday, September 25, the Rocklin Police Department and neighboring law enforcement agencies participated in a national campaign to take unused prescription and over-the-counter drugs off the street. This effort was spearheaded and sponsored by the Drug Enforcement Administration. During the recent Saturday event, we set up drug collection sites in the parking lots at

Sierra College and Whitney High School from 10:00 a.m. to 2:00 p.m. The sites were staffed by Reserve Officers Mike Phlegar and Doug Vance, Rocklin Police Volunteers Art Woodward, Charlene Walters, Dave Lindsay, and Margaret Gallego, and several community volunteers affiliated with the Coalition for Placer Youth.

The event was a great success. We collected 400 pounds of drugs in just 4 hours. That equates to enough drugs to completely fill the trunks and rear seats of two patrol cars! Officer Phlegar and Vance transported the drugs to the DEA Office in Sacramento where they will be incinerated. By removing these drugs from the medicine cabinets in our community, we helped to prevent dozens of teenag-

ers and young adults from gaining access to dangerous substances. Illegal prescription and OTC drug use is a serious problem in our high schools, so putting a dent in the supply is a huge step in the right direction. The proper destruction of these drugs also prevents the contamination of our water supply and landfill.

Kudos to our police officers and volunteers for their efforts!



Reserve Officer, Doug Vance

Citizens of Rocklin Make a Special Gift *by Michael Nottoli*



tainly help to brighten the lives of many children in the future. Captain Ruden presented Skyler with a commemorative Rocklin Police Department coin and a miniature badge



On Monday, October 4, 2010, 8 year-old Skyler Ricca and her great grandmother, Marjorie Ricca, donated 15 Raggedy Anne dolls to the Rocklin Police Department. Skyler and Marjorie met with Sergeant Tom Dwyer, Captain Dan Ruden, Mike Nottoli, and Channel 13 television reporter Laura Cole in the lobby of the police station. The two Rocklin residents made the dolls themselves and donated them so they could be given to children who are victims of crime, involved in traffic accidents, or who need to be comforted because of a similar negative situation. Their generosity is truly appreciated and will cer-



Sergeant Tom Dwyer and Skyler Ricca



Captain Lawrence Graduates from Command College *by Captain Dan Ruden*

CAPTAIN LAWRENCE GRADUATES POST COMMAND COLLEGE

On September 10th at a ceremony in Folsom, Captain Ron Lawrence graduated from the 47th POST Command College session. Agency heads from around California were present to congratulate their graduating members of Class 47 as they received their certificates. Command College provides an enhanced leadership course with a futures perspective to prepare the law enforcement leaders of today to lead into the future. In addition to the regular course work, Command College participants complete a final project and are required to author a scholarly article for submission to a magazine or

publication in general circulation.

Congratulations Captain Lawrence!



Captain Ron Lawrence & Chief Mark Siemens